

*Pastor David Ibiyeomie*



# **TOOLS FOR SPIRITUAL GROWTH**

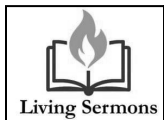
*Transcribed and Published by [Livingsermons.com](http://Livingsermons.com)*

# Tools For Spiritual Growth

**Preacher:** Pastor David Ibiyeomie

**Publisher:** [LivingSermons.com](http://LivingSermons.com)

**Watch Live Video** [Here](#)



**Download More** [Pastor David Ibiyeomie Books & Sermon Note](#) **Now!**

**Title: Tools For Spiritual Growth**

**Author: Pastor David Ibiyeomie**

**Publisher: Livingsermons.com**

**© 2026 Livingsermons.com**

All rights reserved.

No portion of this book may be reproduced, stored in a retrieval system, or transmitted in any form or by any means—electronic, mechanical, photocopying, recording, scanning, or otherwise—except for brief quotations in critical reviews or articles, without prior written permission from the copyright holders.

For the advancement of the Gospel of the Kingdom and the edification of the Body of Christ. **Scripture quotations** are taken from the *King James Version (KJV)* of the Holy Bible, which is public domain. **THIS BOOK IS NOT FOR SALE**

First Edition — 2026

All inquiries and permissions:

[info.livingsermons@gmail.com](mailto:info.livingsermons@gmail.com)

[www.livingsermons.com](http://www.livingsermons.com)

Transcribed, Edited, and Published by Livingsermons.com

For Kingdom impact worldwide.



# Foreword

*Spiritual growth is not automatic. It is intentional, cultivated, and sustained by the believer's commitment to divine principles. In an age where many desire spiritual power without spiritual discipline, this book stands as a timely and necessary guide.*

*In Tools for Spiritual Growth, David Ibiyeomie delivers with clarity and conviction the foundational instruments required for every believer who seeks maturity in Christ. With his characteristic simplicity, depth, and practical wisdom, he unveils the indispensable pathways of growth—daily Word intake, constant fellowship, prayer, and fasting.*

*This message is more than a sermon; it is a spiritual manual.*

*Within these pages, readers will discover that growth in God is not a mystery reserved for a few, but a deliberate pursuit available to all who are willing to pay the price. Pastor David Ibiyeomie reminds us that spiritual stature is built through consistency in the Word, strength in fellowship, and endurance in prayer. He exposes the dangers of spiritual laziness while awakening in the believer a hunger for greater dimensions of power and authority.*

*What makes this book particularly significant is its call to responsibility. It challenges every Christian to move beyond dependency into spiritual maturity—to grow to the point where battles are confronted with confidence and victories are secured through established spiritual muscle.*

*At LivingSermons.com, our mission remains to preserve and amplify Kingdom truths by transforming life-changing sermons into enduring written resources for the Body of Christ. It is our joy to present this powerful teaching in book form so that its impact may extend far beyond the pulpit and into the hands of believers across the world.*

*As you read, may your hunger for God deepen.*

*May your spiritual eyes open wider.*

*May your strength in the Spirit increase.*

*And may you grow into the fullness of your inheritance in Christ.*

**— Wisdom Epsi**

***Chief Editor, LivingSermons.com***

# ***Table of Contents***

**Foreword**

**Publisher's Note**

**Main Message**

**The Tools for Spiritual Growth**

**The Word Builds You Up**

**Discovery Comes Through the Word**

**Growth Is Intentional**

**The Power of Fasting**

**Desire to Grow**

**About the Speaker**

**About Living Sermons**

**Join Our Team**

**We Are Social**

## ***Publisher's Note***

This book is a faithful transcript of a live sermon delivered by the preacher under the inspiration and unction of the Holy Spirit. Every effort has been made to preserve the preacher's exact words, tone, flow, and spiritual authority, while carefully proofreading and formatting the message into a clear and readable ebook format.

The message you are about to read was originally ministered in a live congregational setting. As such, it carries the weight, urgency, and atmosphere of that sacred gathering. Minor grammatical and structural adjustments have been made solely to enhance readability, without altering the substance, intent, or power of the original delivery.

Watch the live sermon from which this message was transcribed on YouTube @ [Salvation Ministries YouTube Channel](#)

Livingsermons.com does not claim ownership of this message. All spiritual credit and ministerial authority belong to the preacher through whom the Word was delivered. Our role is that of stewards and editors—serving the Body of Christ by preserving and distributing life-giving messages in accessible digital formats.

Our commitment is excellence without dilution.

Our standard is reverence for the Word of God.

Our daily goal is to transform powerful live sermons into polished PDF and ebook editions for the edification of the Body of Christ.

It is our prayer that as you read, the same grace, conviction, clarity, and impartation present in the live service will minister to you afresh.

— ***Livingsermons.com***

***A Spirit-led Publishing Stewardship***

# ***Main Message***

*Begins Here*





---

## *The Tools for Spiritual Growth*

---

What are the instruments for spiritual growth?

What are the tools for spiritual growth?

For sustainable spiritual growth, there are divine instruments God has made available. These are not optional for the believer who desires strength, maturity, and dominion.

### **1. Daily Word Intake**

The first instrument for spiritual growth is **daily Word intake**.

For you to have sustainable spiritual growth, you must be someone who feeds on the Word.

*“Thy words were found, and I did eat them...”* (Jeremiah 15:16).

You have to eat God's Word daily. What physical food is to your body is what the Word of God is to your spirit. If you want to raise a healthy child, you feed that child properly. In the same way, if you want healthy, sustainable spiritual growth, you must feed on the Word of God.

You cannot grow spiritually without the Word.

# ***The Word Builds You Up***

*“And now, brethren, I commend you to God, and to the word of his grace, which is able to build you up...” (Acts 20:32).*

Growth is tied to the Word of God. No Word, no growth. God’s Word is able to build you up and bring you into your inheritance. Even Jesus, the Word made flesh, studied the Word daily.

*“And he came to Nazareth, where he had been brought up: and, as his custom was, he went into the synagogue on the sabbath day, and stood up for to read.” (Luke 4:16).*

Notice that phrase: **as His custom was**.

It was His habit.

Jesus read the Word consistently. And you say you want to grow, yet you will not read your Bible?

# ***Discovery Comes Through the Word***

Being born again does not automatically guarantee the delivery of your inheritance. Jesus discovered what was written concerning Him by reading the Scriptures. Your discovery is a function of your reading. You can never discover what is written about you until you read. And until you discover, you cannot recover your destiny.

The Bible says:

*“And there was delivered unto him the book of the prophet Esaias. And when he had opened the book...” (Luke 4:17).*

You have to open the Book. The Bible is not for decoration. It is not meant to remain in your bag untouched. It is for reading. Until you open it, you will not find what belongs to you. If you close the Bible, you close your destiny.

Jesus found where it was written:

*“The Spirit of the Lord is upon me...”* (Luke 4:18). It was written about Him, but He only found it when He opened the Book. May your destiny be opened today.

## ***Growth Is Intentional***

*“And the child grew, and waxed strong in spirit...”* (Luke 2:40).

Jesus grew.

He did not wish for growth.

He grew.

Growth is intentional.

My people go into captivity because they lack knowledge.

When you lack God’s Word, any doctrine can sweep you away.

God’s Word is the wisdom of God.

To ignore God’s Word is the highest form of foolishness.

But I know you are not foolish.

Go for the Word.

With God’s Word, nobody can deceive you.

Take the Word. Eat it.

That is how growth comes.

## 2. Constant Fellowship

The second tool for spiritual growth is **constant fellowship**.

Not occasional fellowship.

Constant fellowship.

*“They go from strength to strength, every one of them in Zion appeareth before God.”*  
(Psalm 84:7).

Where do we grow?

In Zion.

Fellowship brings growth.

*“Not forsaking the assembling of ourselves together...”* (Hebrews 10:25).

When you are addicted to fellowship, your life moves forward.

Jesus was a fellowship addict.

He went to the temple daily.

Why is fellowship important?

Because in Zion, you gather momentum to face the battles of life.

There are things you cannot face outside Zion.

*“For in mount Zion shall be deliverance...”* (Obadiah 1:17).

Deliverance is in Zion.

Strength is in Zion.

Growth is in Zion.

When the apostles were threatened, the Bible says:

They went to their own company.

That is fellowship.

That is where strength is built.

### **3. Prayer**

The third tool for spiritual growth is **prayer**. Effective prayer builds spiritual muscles. It helps you confront the challenges of life. When you do not pray, you make yourself prey to the devil.

That will not be your portion.

Learn to pray.

Develop yourself in prayer.

Wake up in the morning.

Read your Bible.

Pray for the Kingdom.

Pray for yourself.

Do not always wait for others to pray for you.

You are not a prayer project.

Build yourself.

*“But ye, beloved, building up yourselves on your most holy faith, praying in the Holy Ghost.” (Jude 1:20).*

Prayer builds you.

Every time you pray, you are building spiritual capacity.

Any day you pray, things go smoother.

Any day you neglect prayer, disorder increases.

Pray in the Spirit.

Pray with understanding.

Build yourself.

## ***The Power of Fasting***

Prayer must be accompanied with occasional fasting. Fasting should be a lifestyle. At least once a week, every believer should fast.

Jesus said:

*“Howbeit this kind goeth not out but by prayer and fasting.”* (Matthew 17:21).

There are levels in the spirit. There are dimensions of challenges. Some battles require stronger spiritual muscles. The disciples cast out devils in Matthew 10.

But in Matthew 17, they failed.

Why?

Different levels.

Different demands.

Growth must match opposition. You cannot use primary school knowledge to write university exams. As challenges increase, your spiritual stature must increase.

This is why fasting matters. It strengthens your spirit. It increases your authority. It deepens your capacity.

# *Desire to Grow*

You must desire growth. A time should come when some things should no longer require external intervention. You should handle them yourself.

A believer of many years should not still be helpless before every challenge.

Grow.

There are moments when no pastor will be there.

No phone call will go through.

It will be you and God.

That is when your growth will speak.

There is a level where you command and things obey.

There is a level where devils hear your name and tremble. But growth is required. I am still growing. Growth never ends. If Jesus, who was anointed without measure, still grew, then you and I must keep growing.

Do not settle.

Keep pressing.

Keep feeding.

Keep fellowshiping.

Keep praying.

Keep fasting.

And keep growing.



## *About the Speaker*

---

**David Ibiyeomie** is a Nigerian pastor and founder of Salvation Ministries, based in Port Harcourt. He is known for teaching prosperity, faith, and practical Christian living, often emphasising results, discipline, and personal responsibility. His messages are direct, repetitive for emphasis, and aimed at producing visible change in the lives of listeners.

His ministry has grown into one of the largest church networks in Nigeria, with a strong media presence and large congregations. He is also recognised as a protégé of David Oyedepo, which reflects in his doctrinal leanings and teaching style.

Critically, his teachings attract both strong followership and scrutiny—especially around prosperity themes—but his influence in Nigerian Pentecostal circles is significant and undeniable. In simple terms: he is a results-driven preacher whose message centres on identity in Christ, faith, and material and spiritual dominion.





---

## *About Living Sermons*

---

***Living Sermons** is a Spirit-led publishing platform dedicated to transforming timeless messages of God's servants into books that can reach and impact lives across the world.*

*Our mission is simple: to preserve the wisdom, revelation, and anointing carried in the preached Word and make it accessible in formats that can be studied, shared, and revisited for generations. By turning sermons into high-quality Christian books and eBooks, we extend the life and influence of each message far beyond the pulpit.*

*At Living Sermons, we believe that the preached Word is living and powerful (Hebrews 4:12). Every sermon carries truth that can instruct, comfort, rebuke, inspire, and transform. Our role is to faithfully capture these words, polish them for clarity and readability, and present them in a way that maintains the preacher's unique voice and anointing.*

*Through our work, messages that might otherwise be heard once are preserved as lasting resources for teaching, devotion, discipleship, and evangelism. These books are designed not just for reading but for equipping believers, strengthening families, and advancing the Kingdom of God.*

***Living Sermons—the preached Word in lasting form.***



## *Join Our Team*

---

*At **Livingsermons.com**, our mission is to ensure that sermons inspired by the Holy Spirit are accessible in written form for study, meditation, and reference by believers around the world. This work is growing, and we can't do it alone.*

*We are inviting passionate believers to volunteer in any of these roles:*

- **Prayer Intercessor**
- **Transcribers** – Convert sermon recordings into accurate transcripts.
- **Editors** – Refine transcripts into polished, readable eBooks.
- **Bloggers** – Create SEO-friendly posts to share new books.
- **Social Media Managers** – Share books online and engage our community.
- **Language Translators**
- **Graphics Designers**

*If you feel led to serve in any of these roles, please reach out through our [Volunteer Page](#) on Livingsermons.com. Together, let's spread the knowledge of Christ to the nations.*

---

## *We Are Social*

**Instagram:** [instagram.com/livingsermons](https://www.instagram.com/livingsermons)

**Facebook:** <https://facebook.com/livingsermons>