

Bro Femi Adebile

**IS IT GOD SPEAKING OR YOUR
OWN THOUGHTS?**

Here's How To Tell

Transcribed and Published by LivingSermons.com

Is It God Speaking Or Your Own Thoughts?

Sermon by Bro Femi Adebile

Published by LivingSermons.com

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Author: Bro Femi Adebile

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All inquiries and permissions:

info.livingsermons@gmail.com

www.livingsermons.com

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For Kingdom impact worldwide.

Foreword

In every generation, one of the most pressing questions in the heart of the believer is this: *“How do I know it is God speaking?”* It is not a question of curiosity alone, but one of destiny. For a life that accurately discerns the voice of God is a life that walks in precision, purpose, and divine alignment.

In this timely and deeply practical teaching, Femi Adebile brings clarity to what many have struggled to articulate. With simplicity, honesty, and spiritual depth, he addresses the subtle but critical distinction between God’s voice and the voice of one’s own thoughts. This is not a theological abstraction—it is a daily reality that shapes decisions, relationships, obedience, and ultimately, outcomes.

What makes this message especially powerful is its balance. It neither mystifies the voice of God nor reduces it to mere human reasoning. Instead, it anchors discernment in Scripture, conviction, peace, purpose, and spiritual fruit—giving every believer a reliable framework to test what they hear. These are not just principles to be admired, but truths to be lived.

As a publishing house committed to preserving and distributing sound Kingdom truth, we recognise the weight of this message in a time where many are led more by impulse than by the Spirit. This work stands as both a guide and a guard—helping believers to discern rightly and walk safely in the will of God.

It is our prayer that as you read, your spiritual senses will be sharpened, your confidence in hearing God will grow, and your obedience will deepen. May this not just inform you, but transform the way you walk with God daily.

Wisdom Epsi— Chief Editor

Livingsermons.com

A Spirit-Led Christian Publishing Ministry

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Publisher's Note

This book is a faithful transcript of a live sermon delivered by the preacher under the inspiration and unction of the Holy Spirit. Every effort has been made to preserve the preacher's exact words, tone, flow, and spiritual authority, while carefully proofreading and formatting the message into a clear and readable ebook format.

The message you are about to read was originally ministered in a live congregational setting. As such, it carries the weight, urgency, and atmosphere of that sacred gathering. Minor grammatical and structural adjustments have been made solely to enhance readability, without altering the substance, intent, or power of the original delivery.

The live sermon from which this message was transcribed can be accessed here: [Live Video](#)

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Our commitment is excellence without dilution.

Our standard is reverence for the Word of God.

Our daily goal is to transform powerful live sermons into polished PDF and ebook editions for the edification of the Body of Christ.

It is our prayer that as you read, the same grace, conviction, clarity, and impartation present in the live service will minister to you afresh.

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Main Message

Begins Here:

Introduction

Today we are going to be dealing with something that is very common and relatable. Even the giant in faith still sometimes has to be still to be able to get clarity about this—and that is God’s voice versus your thoughts.

Many times, believers ask this question: *Is this God? Is it my thought? Is God the One speaking, or am I the one thinking it?*

So, we want to really talk about God’s voice versus your mind—your thoughts. Which of them is speaking? How can you differentiate between God’s voice and your mind?

You’re welcome to FE Vlog. If you are new to this page, then you’ve missed a lot. There are many videos that have helped a lot of people here—transformational videos. So go and watch them. We welcome you.

And if you have been here before now, we also welcome you. God bless you. Thank you for coming again. Thank you for believing in the God in me.

Let’s go there.

Seven Ways to Discern God's Voice

I'll be giving you seven—five, six, or seven—anything that has been laid on my heart. Differences, metrics, or keys for you to know and test: *Is this God's voice, or is it my mind?*

1. God's Voice Aligns with Scripture

God's voice aligns with Scripture, while your thoughts may not. As simple as that sounds, let me break it down. The first and foremost important test is the Word of God. God will never guide you in a way that contradicts the written Word—never.

What does that mean? It means that if a thought is encouraging bitterness, revenge, or dishonesty, then it is not God's voice. Maybe a voice is coming to you saying, *"See that sister—what she did—do away with her. Don't greet her again."*

Even if you try to justify it, if it does not pass the Scripture test, it is not God's voice. It is your mind leading you into bitterness, revenge, and dishonesty—and that can never be God. One way you know it is God's voice is that it passes the Scripture test. There are Scriptures you can hold on to that back up what you say God is saying.

Psalm 119:105

"Thy word is a lamp unto my feet, and a light unto my path."

Your thoughts can wander anywhere, but God's voice always stays within the boundaries of the Word of God.

2. God’s Voice Brings Conviction, Not Confusion

If it is the voice of God, it brings conviction. Your thoughts bring confusion. Once you are getting confused, it is your mind. When something brings confusion, it is your thoughts.

Think about the times God has spoken to you before—you were not confused. You knew it, just as you know your name. Even if people tried to confuse you, you stood your ground because you were certain: *“God said it.”*

But when it is your thoughts, you begin to linger—*“Did God say it? Did He not say it?”* That is confusion.

When God speaks, even if the instruction is difficult, there is clarity and conviction. You may not like it, but something within you confirms that it is right.

Your thoughts, on the other hand, produce endless arguments inside your spirit.

James 3:17

“But the wisdom that is from above is first pure, then peaceable...”

God’s voice may challenge you, but it does not create chaotic confusion.

3. God’s Voice Brings Peace, Even When It Is Hard

God’s voice brings peace—even when it is hard.

You will know it is difficult, yet you have peace in your spirit. You may say, *“This thing God is telling me to do is hard... but I know He told me.”*

Maybe God is telling you to go and retribute, to apologise—it is difficult, but you know.

The voice of God always brings peace. That is what many believers experience in difficult situations—peace.

Philippians 4:7

“And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.”

Your thoughts produce anxiety and fear, but God’s voice produces peace.

Even when God told me to empty my account, it was hard. I struggled with it. But after I obeyed, there was peace in my spirit. My body felt the loss, but my spirit had peace.

That is the voice of God.

4. God’s Voice Focuses on Purpose, Not Self

Your voice focuses on self; God’s voice focuses on purpose. Your thoughts will always tend towards comfort, personal gain, or avoiding difficulty. It is always about you—what you will gain.

But the voice of God leads towards purpose, growth, obedience, and service. Service is not easy. Obedience is not easy. But that is where God’s voice leads. Look at Jonah. His own voice told him to run away. God’s voice told him to go to Nineveh.

God’s voice will always be purpose-driven, kingdom-minded, and often inconvenient. Sometimes it leads you to things your natural mind would avoid.

Even in marriage, your preferences may not align with God’s instruction. Your voice is drawn to what you like, but God’s voice may lead you to what fulfills purpose.

5. God's Voice Is Gentle, Not Loud

God's voice is often gentle, while your own voice is loud and repetitive. Many people expect God's voice to be dramatic. But God does not talk much—He answers much.

Look at Elijah. There was wind, fire, and earthquake, but God spoke through a still small voice. God's voice is calm and quiet. Your own voice is loud, stubborn, and repetitive—*"Is it this? Is it that?"*

If you calm down, deep inside you already know what God is saying. The issue is often not hearing—it is obedience.

6. God's Voice Persists, While Thoughts Fade

When it is God's voice, it persists.

You hear it again and again—in prayer, in Scripture, through your mentor. The same message keeps coming. That is God's voice. It is persistent, not forceful.

But your thoughts fade. You are the one trying to revive them because they align with what you want.

7. God's Voice Produces Good Fruit

God's voice produces good fruit.

It brings growth, increase, expansion, and transformation. There is no regret. Your own voice produces regret, confusion, and spiritual dryness.

God's voice leads to life.

Even the time I emptied my account—what God did afterwards surpassed what I gave. If I had ignored Him, I would have missed what He wanted to do.

Closing Thoughts

Many believers are afraid of missing God's voice, but the truth is—God is not trying to hide from His children.

John 10:27

“My sheep hear my voice, and I know them, and they follow me.”

If you are His sheep, you know His voice. Learning to recognise God's voice is a process of growing in relationship with Him. The more you walk with God, the more familiar His voice becomes.

Just like you recognise the voice of someone you have spent years with, so it is with God. The more you obey Him, the more familiar His voice becomes. I pray God bless you in Jesus' name.

Thank you very much for watching. See you next week.

About the Speaker

Bro Femi Adebile is a Nigerian gospel film actor, scriptwriter, singer, and director. He is the founder of Proclaimer of Righteousness Evangelical Ministry (PREM), a gospel film production ministry established in 2008 in Ogbomosho, Oyo State. Femi trained under Adeniyi Famewo of Glorious Ambassadors Christ Evangelical Ministry (GACEM) and gained recognition for his performances in gospel films including *Gbemi* and *Kembe Isonu*. He has contributed to productions by ministries such as Mount Zion Faith Ministries, The Kingdom Watchmen, and Calvary Drama Ministry. Femi holds a Bachelor's degree in Computer Engineering from Ladoke Akintola University of Technology (LAUTECH). He is married to Mrs. Rebecca Femi Adebile and is the first child of his family, originally from Osogbo, Osun State, Nigeria.

About Living Sermons

Living Sermons is a Spirit-led publishing platform dedicated to transforming timeless messages of God’s servants into books that can reach and impact lives across the world.

Our mission is simple: to preserve the wisdom, revelation, and anointing carried in the preached Word and make it accessible in formats that can be studied, shared, and revisited for generations. By turning sermons into high-quality Christian books and eBooks, we extend the life and influence of each message far beyond the pulpit.

At Living Sermons, we believe that the preached Word is living and powerful (Hebrews 4:12). Every sermon carries truth that can instruct, comfort, rebuke, inspire, and transform. Our role is to faithfully capture these words, polish them for clarity and readability, and present them in a way that maintains the preacher’s unique voice and anointing.

Through our work, messages that might otherwise be heard once are preserved as lasting resources for teaching, devotion, discipleship, and evangelism. These books are designed not just for reading but for equipping believers, strengthening families, and advancing the Kingdom of God.

Living Sermons—*the preached Word in lasting form.*

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At **Livingsermons.com**, our mission is to ensure that sermons inspired by the Holy Spirit are accessible in written form for study, meditation, and reference by believers around the world. This work is growing, and we can't do it alone.

We are inviting passionate believers to volunteer in any of these roles:

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- **Prayer Intercessors**
- **Editors** – Refine transcripts into polished, readable eBooks.
- **Bloggers** – Create SEO-friendly posts to share new books.
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