

Pastor Morris Mureithi



**DYING TO THE FLESH: THE
MISSING KEY TO SPIRITUAL
GROWTH (Part 2)**

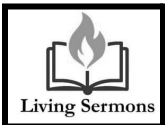
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Dying to the Flesh: The Missing Key to Spiritual Growth (Part 2)

Pastor Morris Mureithi

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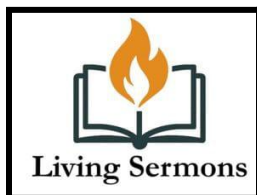
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Foreword

Dying to the Flesh (Part 2) is not a comfortable read—and it was never meant to be. It is a precise, Spirit-led call back to the narrow path of true discipleship. In a generation that often seeks growth without surrender and power without consecration, this message cuts through the noise with clarity and conviction.

Pastor Morris Mureithi presents a truth that many believers sense but struggle to articulate: that spiritual stagnation is not always the result of external opposition, but often the product of internal attachments. With pastoral insight and uncompromising honesty, he exposes the subtle weights that quietly compete with God for our loyalty—things that are not always sinful in appearance, yet deeply limiting in effect.

As you read, do not approach this book as mere teaching. Approach it as an invitation. Allow the Holy Spirit to highlight areas that require surrender. Resist the urge to explain away what you recognise. Instead, lean into the discomfort, for it is often there that God is doing His deepest work.

At LivingSermons.com, our commitment is to preserve and steward messages that carry both truth and power—messages that not only speak to the mind but reach into the heart and call men back to alignment with God’s will. This work stands as one of such messages.

May this book not only challenge you, but also lead you into a deeper, more surrendered walk with Christ.

— *Wisdom Epsi*
Chief Editor, LivingSermons.com

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Publisher's Note

This book is a faithful transcript of a live sermon delivered by the preacher under the inspiration and unction of the Holy Spirit. Every effort has been made to preserve the preacher's exact words, tone, flow, and spiritual authority, while carefully proofreading and formatting the message into a clear and readable ebook format.

The message you are about to read was originally ministered in a live congregational setting. As such, it carries the weight, urgency, and atmosphere of that sacred gathering. Minor grammatical and structural adjustments have been made solely to enhance readability, without altering the substance, intent, or power of the original delivery.

The live sermon from which this message was transcribed can be accessed here: [Official YouTube Channel](#)

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Our commitment is excellence without dilution.

Our standard is reverence for the Word of God.

Our daily goal is to transform powerful live sermons into polished PDF and ebook editions for the edification of the Body of Christ.

It is our prayer that as you read, the same grace, conviction, clarity, and impartation present in the live service will minister to you afresh.

— *Livingsermons.com*

A Spirit-led Publishing Stewardship

Main Message

Begins Here:

Introduction

Welcome back. If you have not watched Part One of this series, I want to encourage you to go back and start there, because in that episode we laid the foundation of what dying to the flesh actually means and why most believers are stuck in the same cycles year after year.

Today, we are going deeper—into something that might be a little uncomfortable.

Most of us think the reason we are not growing spiritually is because of spiritual warfare, demonic opposition, attacks from the enemy, or people working against us. And yes, those things are real.

But honestly, most believers are not losing because of demons. They are losing because of attachments—things they will not let go of. Things that are not always sins in the obvious sense, but things that quietly feed the flesh, strengthen self, and slowly weaken your sensitivity to God.

Jesus did not just call us to avoid sin. He called us to die daily. And death is not emotional—it is a decision.

“If any man will come after me, let him deny himself, and take up his cross daily, and follow me.” (Luke 9:23, KJV)

Today, I am giving you seven specific attachments that Jesus made clear—you must let go of them if you actually want to grow.

These are not obscure theological points. They are things most of us are dealing with right now, in real time. And the reason they are hard to let go of is not because they are obviously sinful, but because most of them feel reasonable—even justified.

That is exactly what makes them dangerous.

Seven Things You Must Let Go Of

1. Let Go of Self (Your Will. Your Way. Your Preference)

Start here, because everything else builds on this one.

The greatest enemy of your calling is not Satan—it is self.

In a culture that constantly tells you to honour your feelings and follow your heart, dying to self sounds almost abusive. But look at what Jesus actually said. He did not say improve yourself, manage yourself, or even discipline yourself.

He said, *deny yourself*.

Denying yourself means there are moments when what you want, what you feel, and what you prefer do not get the final vote.

Self does not always show up as rebellion. Sometimes it shows up as preference:

“I just feel like this is not for me.”

“I am not comfortable with that.”

“That is just not how I am wired.”

Those statements are not always wrong. But when they become the framework for your obedience, that is the flesh negotiating with God.

Selective obedience—only doing what aligns with your personality, comfort level, or preference—is still a form of disobedience.

God did not call you to follow Him when it feels natural. He called you to follow Him at all cost.

You cannot follow Jesus and lead yourself at the same time.

2. Let Go of Family Opinions (When Loyalty Replaces Obedience)

This one is sensitive, so let us handle it carefully.

Letting go of family opinions does not mean dishonouring your parents or disconnecting from your family. It means breaking the pattern where you know what God is asking of you, yet you refuse to move until those closest to you understand and approve.

That is where loyalty starts replacing obedience.

Family can love you deeply and still limit you—not because they are evil, but because they cannot see what God showed you.

“If any man come to me, and hate not his father, and mother, and wife, and children, and brethren, and sisters, yea, and his own life also, he cannot be my disciple.” (Luke 14:26, KJV)

The word *hate* here speaks of comparative priority, not actual hatred. It means when your love for your family and your obedience to God come into conflict—God must win.

The pattern to watch for:

- Delaying obedience to explain it first
- Needing approval before you move
- Letting familiar voices override divine instruction

God is not waiting for your family to agree.

He is waiting for you to choose.

3. Let Go of Money (*Security, Control, and Comfort*)

Money is not evil. Scripture is clear:

“For the love of money is the root of all evil...” (1 Timothy 6:10, KJV)

The problem is not the resource.

The problem is when the resource becomes your source of security, motivation, and ambition.

The flesh loves money because money removes the felt need for faith.

“No man can serve two masters... Ye cannot serve God and mammon.”
(Matthew 6:24, KJV)

The question is not whether you have money.

The question is whether your money has you.

You can tell by how you respond when obedience costs you financially.

When money leads, God becomes secondary.

4. Let Go of Image (*Reputation and Perception*)

The flesh is addicted to being perceived correctly.

This affects leaders, teachers, and anyone in visible roles—but it also affects anyone who avoids obedience because they are afraid of looking foolish.

Jesus was constantly misunderstood:

- His family thought He had lost His mind
- Religious leaders called Him a blasphemer
- His hometown rejected Him

Yet He remained obedient—without managing the narrative.

“How can ye believe, which receive honour one of another, and seek not the honour that cometh from God only?” (John 5:44, KJV)

The desire for human approval can block faith.

If obedience threatens your image, and you choose your image—you are letting perception lead your life.

You cannot carry revelation and protect your reputation at the same time.

5. Let Go of Emotional Attachments (*People, Seasons, and Feelings*)

This is one of the hardest.

Because what you are attached to is not always wrong—it may even be good.

Good relationships. Good seasons. Good versions of life.

But when God signals that a season has closed and you keep trying to hold it open, that attachment becomes a weight.

“Forgetting those things which are behind, and reaching forth unto those things which are before.” (Philippians 3:13, KJV)

The hardest deaths are not sinful things—they are meaningful things.

Grief is real.

You do not have to pretend it does not hurt.

But grief and obedience can coexist.

You can feel the loss and still take the step.

6. Let Go of Control (*The Need to Understand Before You Obey*)

Control often disguises itself as wisdom:

“I just want to be responsible.”

“I need clarity before I act.”

These are not wrong—until they become conditions for obedience.

The flesh wants explanation. The Spirit requires trust.

“Trust in the Lord with all thine heart; and lean not unto thine own understanding.” (Proverbs 3:5–6, KJV)

Faith is not stepping when you understand.

Faith is stepping when you do not—and trusting that God sees what you cannot.

If you need control, you will resist surrender.

7. Let Go of Comfort (*Convenience and Familiarity*)

Comfort is the quietest—and most widespread—attachment.

It does not feel like sin. It just slowly limits what you are willing to do, endure, or sacrifice.

The flesh grows strongest in comfort zones.

“Now no chastening for the present seemeth to be joyous, but grievous: nevertheless afterward it yieldeth the peaceable fruit of righteousness unto them which are exercised thereby.” (Hebrews 12:11, KJV)

Discomfort is not the enemy of growth—it is the environment of growth.

Many people are not stuck because of resistance. They are stuck because they are comfortable. Comfort will keep you safe—but it will also keep you small.

Conclusion: The Daily Posture of Dying

Every one of these seven things—self, family opinions, money, image, emotional attachments, control, and comfort—are not always sinful on the surface.

Some are even good.

But when they compete with God, when they cause you to hesitate, delay, negotiate, or stop, they are feeding your flesh.

“I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me...” (Galatians 2:20, KJV)

Dying to the flesh is not a one-time event. It is a daily posture expressed in small choices:

Choosing obedience over preference.

Faith over control.

Purpose over comfort.

If you do not let these things go, they will not stay neutral. They will shape your decisions, dull your discernment, and delay what God is building in your life.

Closing Prayer

Lord, I bring these seven things before You honestly:

The self-will I have dressed up as wisdom.

The family approval I have treated as permission.

The financial security I have trusted more than You.

The image I have protected at the cost of obedience.

The people and seasons I have held beyond their time.

The control I have insisted on instead of trusting.

The comfort I have chosen over the call.

I surrender each one to You today.

I do not want to negotiate with obedience anymore.

Build in me what only grows through dying to the flesh.

In Jesus' name, Amen.

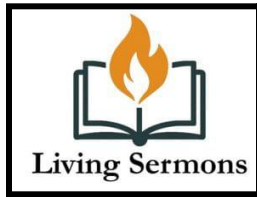
Final Charge

Dying to the flesh is not losing your life.

It is finally living the one God designed.

I obtain grace to let go, in Jesus' name.

God bless you.



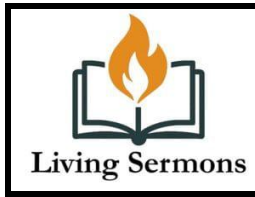
About the Speaker

Pastor Morris Mureithi is a teacher of God’s Word with a distinct emphasis on inner transformation, spiritual authenticity, and a life fully yielded to the leadership of the Holy Spirit. His ministry is marked by clarity, depth, and a sincere pursuit of truth—calling believers beyond surface-level Christianity into a genuine, experiential walk with Christ.

With a teaching style that is both thoughtful and piercing, Pastor Morris addresses the often-overlooked realities of the Christian life, particularly the tension between the flesh and the Spirit. His messages are not merely informational; they are deeply introspective, designed to awaken conviction, stir hunger for God, and lead listeners into lasting transformation.

He carries a burden to see believers grounded in truth, free from performance-driven spirituality, and anchored in the revelation of Christ’s worth. Through his teachings, many are challenged to move past routine and into real encounters with God—where true change takes place.

Pastor Morris Mureithi continues to minister with a focus on raising believers who are spiritually discerning, inwardly aligned with God’s purposes, and committed to a life of daily surrender.



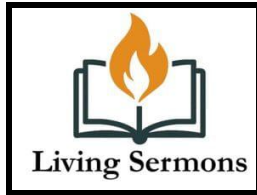
About Living Sermons

Living Sermons is a Spirit-led publishing platform dedicated to transforming timeless messages of God’s servants into books that can reach and impact lives across the world. Our mission is simple: to preserve the wisdom, revelation, and anointing carried in the preached Word and make it accessible in formats that can be studied, shared, and revisited for generations. By turning sermons into high-quality Christian books and eBooks, we extend the life and influence of each message far beyond the pulpit.

At Living Sermons, we believe that the preached Word is living and powerful (Hebrews 4:12). Every sermon carries truth that can instruct, comfort, rebuke, inspire, and transform. Our role is to faithfully capture these words, polish them for clarity and readability, and present them in a way that maintains the preacher’s unique voice and anointing.

Through our work, messages that might otherwise be heard once are preserved as lasting resources for teaching, devotion, discipleship, and evangelism. These books are designed not just for reading but for equipping believers, strengthening families, and advancing the Kingdom of God.

Living Sermons—*the preached Word in lasting form.*



Join Our Team

At **Livingsermons.com**, our mission is to ensure that sermons inspired by the Holy Spirit are accessible in written form for study, meditation, and reference by believers around the world. This work is growing, and we can't do it alone.

We are inviting passionate believers to volunteer in any of these roles:

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- **Language Translators**
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If you feel led to serve in any of these roles, please reach out through our [Volunteer Page](#) on Livingsermons.com. Together, let's spread the knowledge of Christ to the nations.

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